

ALLAMA IQBAL OPEN UNIVERSITY, ISLAMABAD
(Department of Gender and Women Studies)

WARNING

1. **PLAGIARISM OR HIRING OF GHOST WRITER(S) FOR SOLVING THE ASSIGNMENT(S) WILL DEBAR THE STUDENT FROM AWARD OF DEGREE/CERTIFICATE, IF FOUND AT ANY STAGE.**
2. **SUBMITTING ASSIGNMENTS BORROWED OR STOLEN FROM OTHER(S) AS ONE'S OWN WILL BE PENALIZED AS DEFINED IN "AIOU PLAGIARISM POLICY".**

Course: Lifespan Development of Women (4642)

Level: M.Sc.

Semester: Autumn, 2012

Total Marks: 100

Credit Hours: 03

Guide Line for Assignment Preparation:

As this is a take home type examination, you are free to consult book, internet and other information sources. However, don't completely copy your answers from these books or the internet. Typed assignments are not accepted. Please arrange your answer with an introduction, main discussion with sub topics and conclusion. If reference of other researches being quoted, it should be properly acknowledge. All questions are compulsory and carry equal marks.

ASSIGNMENT No. 1

(Units 1–5)

- Q.1 Briefly relate the debates about the research on sex difference and the findings of Maccoby and Jacklin's research on sex differences? (20)
- Q.2 Discuss the role of biological factors in the development of gender dimorphism.(20)
- Q.3 Write about physical and psychosocial impact of sexual development of males and females during adolescence. (20)
- Q.4 Write about the psychological and socio-cultural aspects of menstruation. (20)
- Q.5 Write notes on the following: (5 marks each)
- a) History of Psychology of women as a discipline.
 - b) Differences in male and female brains.
 - c) Physical impact of pregnancy on the expectant mother.
 - d) Premenstrual syndrome (PMS)

ASSIGNMENT No. 2

(Units 6–9)

Total Marks: 100

- Q.1 Elaborate on the physical and psychological aspects of breast feeding for both mother and child. (20)
- Q.2 Discuss the physical, psychological and intellectual changes that occur in women as they enter into later adulthood. (20)
- Q.3 Describe major depression. Explain why depression is more prevalent in women than in men. (20)
- Q.4 Define Behaviourism. Also discuss different techniques used in Behaviouristic Psychotherapies. (20)
- Q.5 Write notes on the following: (5 marks each)
- a) Conversion disorder
 - b) Muslim spiritual healing methods for mental illnesses
 - c) Myths and stereotypes of motherhood
 - d) Ethical issues related with Psychotherapeutic practice.